

Paddlers for Life Windermere

To relieve sickness and protect and preserve good health for persons facing cancer, in particular, but not exclusively breast cancer, or persons in need of rehabilitation as a result of such illness within Cumbria and Lancashire by providing or assisting in the provision for physical activity and recreation, notably Dragon Boating.



Who Does What

(To 2026 AGM)

See <http://paddlersforlife.co.uk/documents/> for the latest version of all documents

Trustees	Chair: Rowena Pryor Treasurer: Lynne Carter Secretary: Diana Mountain Trustee: Liz Feather Trustee: Jude Rigg Trustee: Lisa Smith
Patrons	Nick Harrison Jane Cogley Eve Elliot-Pearson Barbara Daniel
Helms	Roz, Chris, John, Daniella, Peter, Janie, Emma
Support Boat drivers	Stephen, Simon, Howard, Chris, Michael, Brigid, PJ, Lynne, Janie
First Aiders	Roz, Daniella
Helm & Support Boat Rotas	Rowena
Paddling Coach	Keni
Emails/Communication	Rowena
Paddling Register	Sue PJ
Website	Nick
Safeguarding Leads	Philippa/Nick
Down & Ready Day	Roz

Pool Water Safety Session	Roz
All Hands On Deck	Roz
Chinese New Year Lunch	Barbara & Maureen
New Member Co-ordinator	Judy
Flowers To Send	Judy
Flowers For Dragons' Heads	Barbara
Thank You Cards	Barbara/Jude
Collection Boxes	Barbara
Gift Aid	Lynne/Barbara
Photography	Nick & PflW members
Tea & Coffee For Meetings	Irene
Boat Maintenance	John/Chris & Team
Buoyancy Aids	Lynne
Quilted Wall Hanging	Judy
Merchandise Co-ordinator	Fi M
Outrigger Link	Lisa
Who Does What List	Liz F
Leaflets	Liz F
Leaflet Distribution	Liz F: BCU Lancaster (Reception & Self- Management Sessions) RLI (Oncology & Macmillan Room) [YHA Ambleside] Judy BCU Carlisle

All Pfl payments to be sent to Treasurer, preferably directly into bank.

These include:

Membership/Merchandise/Kit etc (please state what payment is for)

Monies to be paid to:

"Paddlers for Life Windermere", 30-14-60, a/c 00098923

22.2.26

(To be updated as changes occur)